



## **MLCC Newsletter - June 2024**



### **Worship with Us**

In-Person or [Facebook Live](#)

Traditional Worship: Sunday at 11:00 AM  
CAYA Contemporary Worship: Sunday at 6:00 PM

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**Mt. Lebanon Christian Church  
(Disciples of Christ)**  
367 Cedar Blvd.  
Pittsburgh, PA 15228  
412-531-8554  
[mtlebocc.org](http://mtlebocc.org)

**Minister:** The Reverend Dr. Cindy McClung: [minister367@mtlebocc.org](mailto:minister367@mtlebocc.org)  
**Assistant Minister:** The Reverend John McCarty: [john.mccarty@mtlebocc.org](mailto:john.mccarty@mtlebocc.org)

**Our Mission:  
Serving Christ!  
Living and Sharing Faith, Hope and Love**

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## **Minister's Message**

As I write this message I am in the midst of packing for my trip to Spain. I will be part of a group of 17 people who will start in Madrid and walk part of the Camino de Santiago.

"Christian pilgrims in the Middle Ages walked this spectacular path to be inspired spiritually for centuries. There are three historic Christian pilgrimage sites in the world: Rome, Jerusalem and Santiago de Compostela. Santiago became a destination point for pilgrims because since the 12th century, the cathedral was said to house the remains of St. James. We will follow in the footsteps of these pilgrims.

There are many routes to Santiago de Compostela, one of the most popular being the Camino francés, the French Way, which originates in Saint Jean Pied de Port in France. This pilgrimage takes us through different landscapes and places on our journey. We

start in Madrid and finish in Santiago de Compostela with five walking days covering the 73 miles of the French Way. "

I am praying that this will be a refreshing, rejuvenating, and spirit-filled journey. Your prayers are appreciated. I will share thoughts about this pilgrimage when I return. It's hard to believe, but I have been with Mt. Lebanon Christian Church for seven years already. I look forward to our future together.

Blessings!  
Cindy

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Support MLCC

Your gift of time, talent or treasure enables MLCC to serve Christ by living and sharing faith, hope and love.

It's simple to donate once or set up reoccurring donations using the Give link. Options for giving include helping with Building Maintenance projects and Community Outreach programs.

There are plenty of ways to get involved. Volunteer opportunities include:  
AV Tech - Contemporary Worship Musicians - Social Media - Child Care Nursery - Small Group Leader - Landscaping - Greeter - Community Service Event Planning

For more information about volunteering contact John McCarty.

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## June Outreach

A Hill of Beans..... and Rice helps share God's love with our Neighbors!

MLCC and SHIM are partnering to tackle hunger in our neighborhood.

More than 6,000 families are turning to SHIM for food this year.

Can you help us stock the three food pantries that serve families across the South Hills?

Three ways you can help:

1. Donate:
  - Dried beans
  - Rice
  - Dried dog food
  - Quart sized ziploc bags
2. Donate:
  - Money to purchase bulk beans, rice and dog food
3. Help pack bulk supplies at the mission table at the Strawberry Fun Fest - Saturday, June 8, 12-3 pm

Please drop off your donation to the outreach table by June 30:  
Mt. Lebanon Christian Church, 367 Cedar Blvd. Pittsburgh, PA 15228

My command is this: Love each other as I have loved you.  
John 15:12

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## Elder's Corner

### WHAT NOT TO SAY TO SOMEONE WHO IS GRIEVING A LOSS



Your loved one is in a better place  
It was time for God to him or her home  
You're young so you can have other children

It was only a little baby. You didn't really know him or her  
God needed a lovely flower for his garden or another angel.  
You've got to get on with your life. Try not to think about it.  
You can always marry again/have another baby/adopt.  
At least you have other children.  
God never gives us more than we can handle.  
It's a blessing as they were so old and not well.  
Time will make it all better.  
Under the circumstances, it's a blessing.  
Crying is not going to bring him or her back.  
If you don't know what to say, don't indulge your discomfort by avoiding the bereaved.  
Show up and say as little as possible. (from Dr. Lillian Meyers, PhD., "I'm sorry for your loss.")  
When we honestly ask ourselves which person in our lives means the most to us, we often find that it is those who, instead of giving much advice, solutions, or cures, have chosen rather to share our pain and touch our wounds with a gentle hand. The friend who could be silent with us in a moment of despair or confusion, who can stay with us in an hour of grief and bereavement, who can tolerate not knowing, not curing, not healing and face with us the reality of our powerlessness, that is a friend who cares.  
Be a safe vehicle for someone to share their true feelings. Encourage the expression of negative feelings such as sadness, anger, disappointment, fear, etc. Validate tears. Take yourself seriously, discouraging self-defeating behaviors.  
Be an authentically hope-filled person. Take time to care for YOU. Make sure you are taking care of yourself in all three respects: physically, mentally, and spiritually. Take time to be mindful. Meditate, Pray, Contemplate. These are all ways which allow us to be more fully present to others. Be intentional about allowing times of silence regularly into your life.  
Validate hope in God's care, love, mercy, and goodness. Give authentic and appropriate spiritual reassurance once a bond of trust and mutuality has been established. Here are just a few Scripture references: Romans 8:31-39, Isaiah 40:28-31, Psalm 42: 1-6a, Romans 5: 1-6.

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**Save the Date: Saturday, June 8**

**FREE**

**RAIN OR  
SHINE**



**SATURDAY, JUNE 8**

**12-3 PM**

**MT. LEBANON CHRISTIAN CHURCH  
367 CEDAR BLVD**

**MtLeboCC.org**

**KIDS ZONE - STRAWBERRIES  
BALLOON ARTIST  
GAMES - CRAFTS  
ICE CREAM  
HAMBURGERS & HOT DOGS  
LIVE MUSIC**



## **CONGRATULATIONS**

Carmine Campbell  
on  
Graduating from  
Bethel Park  
Senior High School

## **Birthdays**

June 3rd: Tabitha Corwin  
June 4th: Carol Dubiel  
June 5th: Joanne Houston  
June 10th: Mike Philippon  
June 11th: Wilma Harty  
June 12th: Laurie Sargent  
June 16th: Bonnie Philippon

## **Anniversaries**

June 6th: Dan & Lee Ann Wahl

## **June Elders & Worship Leaders**

<b>2 – Jane McCarty</b>	<b>2 – Jeff Hawn</b>
<b>9 – Verna McGinley</b>	<b>9 – Verna McGinley</b>
<b>16 – Brad Montgomery</b>	<b>16 – Dan Wahl</b>
<b>23 – Chuck Sargent</b>	<b>23 – Chuck Sargent</b>
<b>30 - Jeff Hawn</b>	<b>30 – Chuck Sargent</b>

MLCC Calendar		June 2024				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
11:00 am Traditional Service  6:00 pm CAYA Service		7:00 pm Women's Prayer Free Conference				12:00 - 3:00 pm Strawberry Fun Fest
9	10	11	12	13	14	15
11:00 am Traditional Service  6:00 pm CAYA Service		7:00 pm Women's Prayer Free Conference		7:00 pm Elders Meeting on zoom		
16	17	18	19	20	21	22
11:00 am Traditional Svc  6:00 pm CAYA Service		7:00 pm Women's Prayer Free Conference				
26	27	28	29	30	31	
11:00 am Traditional Service  6:00 pm CAYA Service		7:00 pm Women's Prayer Free Conference				

### Prayer List

Those affected by Flooding and tornadoes

Dave Koerber - back pain

Ron Brown - healing

Connie McCarty - healing

Wahl Family - death of Ronnie

Goldberg and Marykuth families - death of "chic" - Samantha's grandmother

Batson Family — death of Tim - Jan McCarty's cousin

Horst Riddler - Rehab

Doris Riddler

Ray Dubiel

Emma - signs of rejecting liver

Maggie Goodwin - healing

Sam Levine - 17 year old - inoperable brain tumor

Parker - Lung cancer - Friend of Lee Hasselman

Rick Matthews family - death of Rick - friend of Anne Totin

Giles McCarty - healing

Bill Samples

Bill Green

Duane Ready  
Scout - friend of Scott's - t year old with brain tumor  
Carla - recovery from surgery - health issues  
Tom Woods - healing - Neighbor of Wahl's  
All those with Covid, RSV and the FLu  
War in Ukraine  
War in Israel

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